

POCKLINGTON RUNNERS

Formed
13 December 1984

CLUB RECORDS

Men

5 Miles		M Siddall	Roundhay	26:23	1997
	V40	M Siddall	Roundhay	26:23	1997
	V50	S Richardson	Roundhay	28:22	2004
	V60				
10k		M Siddall	Selby	32:22	1998
	V40	M Siddall	Selby	32:22	1998
	V50	S Richardson	Selby	34:49	2005
	V60	B Hardcastle	Selby	45:20	1995
10 Miles		T Danby	Snake Lane	53:44	2010
	V40	S Richardson	Boroughbridge	54:46	2001
	V50	S Richardson	Snake Lane	57:51	2004
	V60	B Hardcastle	Rowntree	68:33	1991
Half Marathon		A Bills	Bridlington	69:21	1985
	V40	S Richardson	Brass Monkey	73:08	2001
	V50	S Richardson	Brass Monkey	76:59	2003
	V60	B Hardcastle	Bridlington	82:12	1990
20 Miles		A Green	East Hull	1:59:00	1992
	V40	C Reid	East Hull	2:05:19	1998
	V50	S Richardson	East Hull	2:09:54	2003
	V60				
Marathon		M Siddall	Langbaugh	2:38:46	1993
	V40	S Richardson	London	2:40:58	2001
	V50	S Richardson	London	2:51:02	2002
	V60	B Hardcastle	London	3:21:28	1992

Ladies

5 Miles

10k		H Cross	Middlesborough	36:48	2009
	V35	C Jeannette	Scarborough	38:55	2001
	V45	J Dowson	Middlesborough	45:08	2009
	V55	J Robinson	Selby	52:29	2004

10 Miles

		H Cross	Snake Lane	61:04	2007
	V35	C Jeannette	Snake Lane	65:23	2003
	V45	A Thonton	Ferriby 10	73:19	2010
	V55				

Half Marathon

		H Cross	Brass Monkey	81:18	2010
	V35	C Jeannette	Brass Monkey	86:18	2002
	V45	J Dowson	Brass Monkey	1:42:51	2010
	V55				

20 Miles

		A Thornton	East Hull	2:35:42	2009
	V35	A Thornton	East Hull	2:35:42	2009
	V45	S Brown	East Hull	2:45:48	2009
	V55				

Marathon

		C Jeannette	London	3:10:05	2002
	V35	C Jeannette	London	3:10:05	2002
	V45	S Brown	Edinburgh	3:47:47	2009
	V55				

POCKLINGTON RUNNERS

Formed
13 December 1984

Founder Members

Bill Hardcastle, David Peacock, Cliff Jarvis, Keith Collinson, Mike Burton,
Brian Field, Ken Falkingham, Frank Anslow, Dave Rudd, Colin Parker

Produced by Andrew Green
September 2000
(updated February 2010)

Life Members

Bill Hardcastle	1992
Tom Murphy	1992
Keith Godfrey	1996
Dave Peacock	2004
Mike Burton	2004
Malcolm Rowley	2004
Andy Green	2004

POCKLINGTON RUNNERS

CLUB OFFICIALS

	<u>Chairman</u>	<u>Secretary</u>	<u>Treasurer</u>
1984/5	Cliff Jarvis	Dave Peacock	Keith Collinson
1986	Tom Murphy	Dave Peacock	Bill Hardcastle
1987	Tom Murphy	Dave Peacock	Bill Hardcastle
1988	Tom Murphy	Steve Allison	Bill Hardcastle
1989	Dave Peacock	Mike Burton	Bill Hardcastle
1990	Dave Peacock	Mike Burton	Bill Hardcastle
1991	Dave Peacock	Mike Burton	Bill Hardcastle
1992	Dave Peacock	Mike Burton	Kath Bee
1993	Dave Peacock	Mike Burton	Kath Bee
1994	Trevor Black	Mike Burton	Kath Bee
1995	Trevor Black	Mike Burton	Kath Bee
1996	Trevor Black	Andrew Green	Kath Bee
1997	Trevor Black	Andrew Green	Kath Bee
1998	Rod Robinson	Erica Newman & Lucy Robinson	Kath Bee
1999	Alan Kendra	Aaron Walton	Kath Bee
2000	Alan Kendra	Aaron Walton	Kath Bee
2001	Alan Kendra	Aaron Walton	Kath Bee
2002	Alan Kendra	Linda & Mags Vanderpeear	Kath Bee
2003	Alan Kendra	Linda & Mags Vanderpeear	Kath Bee
2004	Alan Kendra	Paul Langstaff	Kath Bee
2005	Alan Kendra	Paul Langstaff	Kath Bee
2006	Alan Kendra	Paul Langstaff	Kath Bee
2007	Alan Kendra	Paul Langstaff	Kath Bee
2008	Alan Kendra	Paul Langstaff	Kath Bee
2009	Alan Kendra	Paul Langstaff	Kath Bee
2010	Alan Kendra	Paul Langstaff	Kath Bee

Honorary President

2010 Ken Falkingham

POCKLINGTON RUNNERS

HALL OF FAME

CHAIRMANS CUP

2010 Richard Ginn For outstanding achievement in 2009

CLUB PERSON OF THE YEAR

1989 Ken Falkingham
1990 Malcolm Rowley
1991 Kath Bee
1992 Alan Kendra
1993 Rod Robinson
1994 Kath Bee
1995 Brian Perkins
1996 Mike Burton
1997 Dave Bee
1998 Aaron Walton
1999 Simon Richardson
2000 Erica Newman
2001 Dave & Kath Bee
2002 Paul Longstaff
2003 Dave Barker
2004 Gaynor & Mike Siddall
2005 Stephen Fletcher
2006 Dave Bee
2007 Sarah Hargreaves
2008 Simon Richardson
2009 Kath Bee

CLUB RUN OF THE YEAR

1986	Bill Hardcastle	Lyke Wyke Race	5 hrs 37 mins
1987	Bill Hardcastle	London Marathon	2 hrs 59 mins 45 secs
1988	Mike Harrison	Selby Marathon	2 hrs 49 mins 09 secs
1989	Mike Burton	Lyke Wyke Race	5 hrs 50 mins
1990	Jonathon Smith	Guy Fawkes 10	58 mins 20 secs
1991	Andrew Green	Selby Marathon	2 hrs 44 mins 03 secs
1992	Malcolm Rowley	London Marathon	3 hrs 22 mins 55 secs
1993	Mike Siddall	Langbarough Marathon	2 hrs 38 mins 46 secs
1994	Dave Bee	York Half Marathon	1 hr 24 mins 34 secs
1995	Paul Langstaff	Bridlington 10k	42 mins 14 secs
1996	Mike Siddall	London Marathon	2 hrs 49 mins 05 secs
1997	Wendy Davies	London Marathon	4 hrs 19 mins 57
1998	Mike Siddall	Humberside X-Country	County Vest Awarded
1999	Sarah Barker	Four Personal Best Runs	In 1999
2000	Nick Newby	London Marathon	2 hrs 50 mins 48 secs
2001	Mike Siddall	Snowdonia Marathon	2 hrs 51 mins 24 secs
2002	Clive Reid	London Marathon	2 hrs 57 mins 49 secs
2003	Graeme Murdoch	London Marathon	3 hrs 03 mins 22 secs
2004	Helen Wilcock	Club Records	In 2004
2005	Howard Cross	Liverpool Half Marathon	1 hr 26 mins
2006	Sarah Hargreaves	Amsterdam Half Marathon	1 hr 50 mins 23 secs
2007	Clive Reid	Anglesey Marathon	3 hrs 31 mins 03 secs
2008	Warwick Anderson	Edinburgh Marathon	3 hrs 10 mins 23 secs
2009	Paul Tatterton	Debut Marathon Nottingham	2 hrs 49 mins 15 secs

FASTEST RUN (Male) - 10k DISTANCE

1987	Bernie Saltmer	Selby	33 mins 59 secs
1988	Mike Harrison	Selby	34 mins 02 secs
1989	Steve Milson	Wiggington	33 mins 45 secs
1990	Steve Milson	Wiggington	33 mins 54 secs
1991	Nick Tomaszewski	Wiggington	33 mins 52 secs
1992	Nick Tomaszewski	Wiggington	33 mins 30 secs
1993	Nick Tomaszewski	Wiggington	33 mins 49 secs
1994	Nick Tomaszewski	Wiggington	33 mins 30 secs
1995	Mike Siddall	Selby	35 mins 23 secs
1996	Clive Reid	Selby	35 mins 53 secs
1997	Mike Siddall	Scarborough	34 mins 09 secs
1998	Mike Siddall	Selby	32 mins 22 secs
1999	Simon Richardson	Selby	33 mins 25 secs
2000	Simon Richardson	Leeds	33 mins 34 secs
2001	Simon Richardson	Leeds	34 mins 14 secs
2002	Mike Siddall	Harewood	33 mins 06 secs
2003	Mike Siddall	Selby	34 mins 04 secs
2004	Tom Danby	Pocklington	34 mins 30 secs
2005	Tom Danby	Selby	33 mins 43 secs
2006	Tom Danby	Middlesborough	33 mins 52 secs
2007	Tom Danby	Horsforth	33 mins 31 secs
2008	Tom Danby	Abbey Dash	32 mins 44 secs
2009	Tom Danby	Middlesborough	32 mins 54 secs

FASTEST RUN (Female) - 10k DISTANCE

1997	Erica Newman	Snowball	42 or 43 mins
1998	Erica Newman	Easingwold	42 or 43 mins
1999	Christine Jeannette	Selby	44 mins 02 secs
2000	Christine Jeannette	Battersea Park London	40 mins 43 secs
2001	Christine Jeannette	Scarborough	38 mins 55 secs
2002	Kath Bee	Christmas Cracker	63 mins 28 secs
2003	Christine Holleran	Selby	41 mins 07 secs
2004	Helen Wilcock	Pocklington	39 mins 17 secs
2005	Helen Wilcock	Dewsbury	38 mins 53 secs
2006	Helen Wilcock	Beverley	37 mins 30 secs
2007	Helen Cross	Dewsbury	37 mins 11 secs
2008	Helen Cross	Middlesborough	37 mins 45 secs
2009	Helen Cross	Middlesborough	36 mins 48 secs

LADY RUNNER OF THE YEAR

1989	Rose Fisher		
1990	Rose Fisher		
1991	Jackie Robinson		
1992	Jackie Robinson		
1993	Wendy Davies		
1994	Jackie Robinson		
1995	Christine Jeannette		
1996	Erica Newman		
1997	Jackie Robinson		
1998	Kath Bee		
1999	Christine Jeannette	Bridlington Half Marathon	1 hr 36 mins 18 secs
2000	Linda Vanderpeear	No. of PB's in Year 2000	
2001	Christine Jeannette	No. of Club Records Set In 2001	
2002	Linda Vanderpeear	London Marathon	
2003	Adele Shipley		
2004	Helen Wilcock		
2005	Sue Vicary	No. of runs for club	
2006	Sue Vicary		
2007	Jill Dowson		
2008	Fay Jessop		
2009	Adele Shipley		

MALE RUNNER OF THE YEAR

1997	Aarron Walton		
1998	Keith Godfrey		
1999	Brian Perkins	Edinburgh Marathon	PB By 13 mins
2000	Aarron Walton	Leeds Abbey Dash	PB 35 mins 56 secs
2001	Simon Richardson		
2002	Paul Holmes		
2003	Clive Reid		
2004	Stuart Evans		
2005	Mike Siddall		
2006	Dave Wragg		
2007	Warwick Anderson		
2008	Paul Sheridan		
2009	Steven Worth		

GRAND PRIX

1997 Kath Bee
1998 Richard Micklethwaite
1999 Sarah Barker
2000 Christine Jeanette
2001 Alan Kendra
2002 Graeme Murdoch
2003 Howard Cross
2004 Paul Holmes
2005 Sue Vicary
2006 Helen Wilcock
2007 Paul Sheridan
2008 Helen Reeve
2009 Paul Tatterton

SNAKE LANE 10 - FIRST POCKLINGTON RUNNER

First Lady

1992	Jackie Robinson	75 mins 08 secs	(club record)
1993	Wendy Davies	88 mins 08 secs	
1994	Wendy Davies	87 mins 22 secs	
1995	Joan Levitt	79 mins 43 secs	
1996	Joan Levitt	77 mins 01 secs	
1997	Erica Newman	74 mins 34 secs	
1998	Wendy Davies	82 mins 08 secs	
1999	Christine Jeannette	78 mins 40 secs	
2000	Christine Jeannette	68 mins 52 secs	(club record)
2001	Christine Jeannette	66 mins 50 secs	(club record)
2002	Linda Vandeppear	82 mins 51 secs	
2003	Christine Jeannette	65 mins 23 secs	(club record)
2004	Helen Wilcock	66 mins 02 secs	
2005	Helen Wilcock	65 mins 52 secs	
2006	Helen Wilcock	65 mins 43 secs	
2007	Helen Wilcock	61 mins 04 secs	(club record)
2008	Helen Cross	64 mins 10 secs	
2009	Helen Cross	63 mins 03 secs	
2010	Helen Cross	62 mins 31 secs	

First Male

1992	Andrew Green	56 mins 24 secs	(club record)
1993	Nick Tomaszewski	58 mins 44 secs	
1994	Mike Siddall	58 mins 55 secs	
1995	Clive Reid	58 mins 57 secs	
1996	Clive Reid	59 mins 44 secs	
1997	Clive Reid	61 mins 54 secs	
1998	Mike Siddall	55 mins 33 secs	(club record)
1999	Simon Richardson	57 mins 56 secs	
2000	Simon Richardson	56 mins 42 secs	
2001	Simon Richardson	54 mins 46 secs	(club record)
2002	Simon Richardson	57 mins 43 secs	
2003	Simon Richardson	58 mins 43 secs	
2004	Tom Danby	56 mins 07 secs	(Pocklington 1 st Team + M Siddall, S Richardson)
2005	Tom Danby	56 mins 16 secs	
2006	Tom Danby	55 mins 48 secs	
2007	Tom Danby	57 mins 51 secs	
2008	Tom Danby	55 mins 15 secs	(Pocklington 2 nd Team + D Speck, E Rawlings)
2009	Tom Danby	55 mins 43 secs	
2010	Tom Danby	53 mins 44 secs	(club record) (Pocklington 2 nd Team + D Speck, E Rawlings)

COUNTY VESTS

1999 Mike Siddall Humberside Cross Country

2000 Suzie Siddall East Riding Schools Cross Country

POCKLINGTON RUNNERS

CLUB RECORDS

Male

5 Miles

13/05/90	Steve Milson	Poppleton	27 mins 06 secs
Dec '97	Mike Siddall	Roundhay	26 mins 23 secs

10k

April '87	Dave Peacock	Bridlington	36 mins 46 secs
12/05/87	Bernie Saltmer	Oaklands	33 mins 43 secs
08/12/91	Nick Tomaszewski	Wiggington	33 mins 32 secs
06/12/92	Nick Tomaszewski	Wiggington	33 mins 30 secs
26/05/98	Mike Siddall	Easingwold	32 mins 57 secs
07/07/98	Mike Siddall	Selby	32 mins 22 secs

10 miles

13/10/85	Dave Peacock	Rowntree 10	61 mins 28 secs
12/10/86	Dave Peacock	Rowntree 10	58 mins 19 secs
18/01/87	Bernie Saltmer	Ferriby 10	57 mins 35 secs
05/02/89	Nick Tomaszewski	Inglemire 10	57 mins 00 secs
07/01/90	Steve Milson	Ferriby 10	56 mins 30 secs
23/02/92	Andrew Green	Snake Lane 10	56 mins 24 secs
10/10/93	Mike Siddall	Rowntree 10	56 mins 11 secs
22/02/98	Mike Siddall	Snake Lane 10	55 mins 33 secs
06/09/98	Mike Siddall	Boroughbridge	55 mins 19 secs
25/02/01	Simon Richardson	Snake Lane 10	54 mins 46 secs
28/02/10	Tom Danby	Snake Lane 10	53 mins 44 secs

Half Marathon

24/03/85	Dave Peacock	York Half Marathon	80 mins 12 secs
20/10/85	Anthony Bills	Bridlington	69 mins 21 secs

20 miles

17/08/86	Bill Hardcastle	Thorne	2 hrs 16 mins 41 secs
22/03/92	Andrew Green	East Hull 20	1 hr 59 mins 00 secs

Marathon

23/06/85	Dave Peacock	Selby	2 hrs 57 mins 38 secs
15/09/85	Dave Peacock	Humber Bridge	2 hrs 55 mins 30 secs
14/09/86	Dave Peacock	Humber Bridge	2 hrs 53 mins 28 secs
10/05/87	Dave Peacock	London Marathon	2 hrs 47 mins 43 secs
23/06/91	Andrew Green	Selby Marathon	2 hrs 44 mins 03 secs
31/10/93	Mike Siddall	Langbaugh Marathon	2 hrs 38 mins 46 secs

Male Veteran Over 40

5 Miles

Dec '97	Mike Siddall	Roundhay	26 mins 23 secs
---------	--------------	----------	-----------------

10k

April '87	Bill Hardcastle	Bridlington	40 mins 20 secs
26/05/87	Bill Hardcastle	Selby	38 mins 05 secs
11/04/93	Walter Wilkinson	Bridlington	35 mins 57 secs
19/07/94	Clive Reid	Stillington	35 mins 54 secs
04/07/95	Clive Reid	Selby	35 mins 39 secs
07/12/97	Mike Siddall	Scarborough	34 mins 09 secs
04/05/98	Mike Siddall	Wiggington	33 mins 59 secs
17/05/98	Mike Siddall	Beverley	33 mins 34 secs
26/05/98	Mike Siddall	Easingwold	32 mins 57 secs
07/07/98	Mike Siddall	Selby	32 mins 22 secs

10 miles

13/10/85	Bernie Shepherd	Rowntree 10	64 mins 54 secs
12/10/86	Bill Hardcastle	Rowntree 10	64 mins 54 secs
02/05/87	Bill Hardcastle	Tadcaster	64 mins 29 secs
11/10/87	Bill Hardcastle	Rowntree 10	63 mins 26 secs
13/10/91	Mike Harrison	Rowntree 10	62 mins 40 secs
28/02/93	Walter Wilkinson	Snake Lane	60 mins 16 secs
27/02/94	Clive Reid	Snake Lane	59 mins 07 secs
26/02/95	Clive Reid	Snake Lane	58 mins 57 secs
08/02/98	Mike Siddall	Ferriby 10	56 mins 28 secs
22/02/98	Mike Siddall	Snake Lane	55 mins 33 secs
06/09/98	Mike Siddall	Boroughbridge	55 mins 19 secs
25/02/01	Simon Richardson	Snake Lane	54 mins 46 secs

Half Marathon

24/03/85	Bill Hardcastle	York Half Marathon	83 mins 12 secs
21/10/90	Bill Hardcastle	Bridlington	82 mins 12 secs
22/01/95	Clive Reid	Brass Monkey York	78 mins 56 secs
25/01/98	Mike Siddall	Brass Monkey York	75 mins 41 secs
10/03/00	Mike Siddall	Redcar	74 mins 53 secs
28/01/01	Simon Richardson	Brass Monkey York	73 mins 08 secs

20 miles

17/08/86	Bill Hardcastle	Thorne	2 hrs 16 mins 41 secs
16/03/97	Clive Reid	East Hull 20	2 hrs 09 mins 14 secs
29/03/98	Clive Reid	East Hull 20	2 hrs 05 mins 19 secs

Marathon

23/06/85	Bill Hardcastle	Selby	3 hrs 03 mins 11 secs
14/09/86	Tom Murphy	Humber Bridge	3 hrs 02 mins 07 secs
10/05/87	Bill Hardcastle	London	2 hrs 59 mins 45 secs
17/04/94	Clive Reid	London	2 hrs 48 mins 42 secs
19/09/99	Mike Siddall	Edinburgh	2 hrs 42 mins 32 secs
22/04/01	Simon Richardson	London	2 hrs 40 mins 58 secs

Male Veteran Over 50

10k

April '87	Bill Hardcastle	Bridlington	40 mins 20 secs
26/05/87	Bill Hardcastle	Selby	38 mins 05 secs
14/05/02	Simon Richardson	Tadcaster	37 mins 38 secs
28/05/02	Simon Richardson	Pocklington	36 mins 07 secs
11/06/02	Simon Richardson	Easingwold	35 mins 26 secs
08/07/03	Simon Richardson	Selby	35 mins 17 secs
05/07/05	Simon Richardson	Selby	34 mins 49 secs

10 miles

13/10/85	Bill Hardcastle	Rowntree 10	73 mins 23 secs
12/10/86	Bill Hardcastle	Rowntree 10	64 mins 54 secs
02/05/87	Bill Hardcastle	Tadcaster 10	64 mins 29 secs
11/10/87	Bill Hardcastle	Rowntree 10	63 mins 26 secs
13/09/00	Clive Reid	Boroughbridge	62 mins 48 secs
23/02/03	Simon Richardson	Snake Lane	58 mins 43 secs
22/02/04	Simon Richardson	Snake Lane	57 mins 51 secs

Half Marathon

24/03/85	Bill Hardcastle	York Half Marathon	83 mins 12 secs
21/10/90	Bill Hardcastle	Bridlington	82 mins 12 secs
26/01/03	Simon Richardson	Brass Monkey	76 mins 59 secs

20 miles

17/08/86	Bill Hardcastle	Thorne	2 hrs 16 mins 41 secs
18/03/01	Clive Reid	East Hull	2 hrs 13 mins 13 secs
13/03/03	Simon Richardson	East Hull	2 hrs 09 mins 54 secs

Marathon

23/06/85	Bill Hardcastle	Selby	3 hrs 03 mins 11 secs
14/09/86	Tom Murphy	Humber Bridge	3 hrs 02 mins 07 secs
10/05/87	Bill Hardcastle	London	2 hrs 59 mins 45 secs
14/04/02	Simon Richardson	London	2 hrs 51 mins 02 secs

Male Veteran Over 60

10k Bill -- Oct 1990 to April 1995 ?

04/07/95	Bill Hardcastle	Selby	45 mins 20 secs
----------	-----------------	-------	-----------------

10 miles

13/10/91	Bill Hardcastle	Rowntree 10	68 mins 33 secs
----------	-----------------	-------------	-----------------

Half Marathon

21/10/90	Bill Hardcastle	Bridlington	82 mins 12 secs
----------	-----------------	-------------	-----------------

20 miles

Marathon

??/04/91	Bill Hardcastle	London	3 hrs ?? mins ?? secs
12/04/92	Bill Hardcastle	London	3 hrs 21 mins 28 secs
1993	Bill	London	
1994	Bill	London	
1995	Bill	London	
1996	Bill Hardcastle	London	

Female

10k

April '87	Linda Tinson	Bridlington	46 mins 51 secs
08/12/91	Jackie Robinson	Wiggington	42 mins 48 secs
05/04/00	Christine Jeannette	Battersea Park	40 mins 43 secs
09/12/01	Christine Jeannette	Scarborough	38 mins 55 secs
06/02/05	Helen Wilcock	Dewsbury	38 mins 53 secs
30/04/06	Helen Wilcock	Kirbymoorside	38 mins 26 secs
09/05/06	Helen Wilcock	Pocklington	38 mins 25 secs
14/05/06	Helen Wilcock	Beverley	37 mins 30 secs
06/09/09	Helen Cross	Middlesborough	36 mins 48 secs

10 miles

13/10/85	Linda Tinson	Rowntree 10	80 mins 40 secs
Nov '86	Linda Tinson	Llandudno	76 mins 34 secs
23/02/92	Jackie Robinson	Snake Lane	75 mins 08 secs
15/03/92	Jackie Robinson	Hornsea	73 mins 41 secs
04/02/96	Christine Jeannette	Ferriby 10	71 mins 58 secs
20/02/00	Christine Jeannette	Snake Lane	68 mins 52 secs
03/09/00	Christine Jeannette	Boroughbridge	68 mins 09 secs
25/02/01	Christine Jeannette	Snake Lane	66 mins 50 secs
23/02/03	Christine Jeannette	Snake Lane	65 mins 23 secs
25/02/07	Helen Wilcock	Snake Lane	61 mins 04 secs

Half Marathon

20/10/85	Linda Tinson	Bridlington	1 hr 43 mins 49 secs
22/03/87	Linda Tinson	York Half Marathon	1 hr 43 mins 16 secs
29/03/92	Jackie Robinson	York Half Marathon	1 hr 42 mins 47 secs
29/09/96	Erica Newman	Three Villages	1 hr 40 mins 21 secs
24/10/99	Christine Jeannette	Bridlington	1 hr 36 mins 18 secs
06/02/00	Christine Jeannette	Brass Monkey	1 hr 32 mins 48 secs
10/09/00	Christine Jeannette	Three Villages	1 hr 30 mins 56 secs
25/03/01	Christine Jeannette	Ackworth	1 hr 28 mins 56 secs
27/01/02	Christine Jeannette	Brass Monkey	1 hr 26 mins 18 secs
03/10/04	Helen Wilcock	Selby	1 hr 25 mins 05 secs
28/10/04	Helen Wilcock	Bridlington	1 hr 24 mins 47 secs
01/10/06	Helen Wilcock	Great North	1 hr 23 mins 59 secs
15/10/06	Helen Wilcock	Amsterdam	1 hr 23 mins 23 secs
18/03/07	Helen Wilcock	Redcar	1 hr 22 mins 40 secs
19/10/08	Helen Cross	Amsterdam	1 hr 22 mins 18 secs
24/01/10	Helen Cross	Brass Monkey	1 hr 21 mins 18 secs

20 miles

18/03/06	Adele Shipley	East Hull	3 hrs 06 mins 01 secs
23/03/08	Jill Dowson	East Hull	3 hrs 03 mins 27 secs
22/03/09	Alison Thornton	East Hull	2 hrs 35 mins 42 secs

Marathon

26/09/99	Erica Newman	Edinburgh	3 hrs 35 mins 59 secs
22/04/01	Christine Jeannette	London	3 hrs 21 mins 50 secs
14/04/02	Christine Jeannette	London	3 hrs 10 mins 05 secs

Female Veteran Over 35

10k

April '87	Linda Tinson	Bridlington	46 mins 51 secs
08/12/91	Jackie Robinson	Wiggington	42 mins 48 secs
05/04/00	Christine Jeannette	Battersea Park	40 mins 43 secs
09/12/01	Christine Jeannette	Scarborough	38 mins 55 secs

10 miles

06/07/86	Ann Allison	Kirk Deighton	87 mins 34 secs
23/02/92	Jackie Robinson	Snake Lane	75 mins 08 secs
15/03/92	Jackie Robinson	Hornsea	73 mins 41 secs
20/02/00	Christine Jeannette	Snake Lane	68 mins 52 secs
03/09/00	Christine Jeannette	Boroughbridge	68 mins 09 secs
25/02/01	Christine Jeannette	Snake Lane	66 mins 50 secs
23/02/03	Christine Jeannette	Snake Lane	65 mins 23 secs

Half Marathon

23/03/86	Ann Allison	York Half Marathon	1 hr 58 mins 17 secs
30/03/86	Ann Allison	Hornsea	1 hr 54 mins 00 secs
22/03/87	Linda Tinson	York Half Marathon	1 hr 43 mins 16 secs
29/03/92	Jackie Robinson	York Half Marathon	1 hr 42 mins 47 secs
24/10/99	Christine Jeannette	Bridlington	1 hr 36 mins 18 secs
06/02/00	Christine Jeannette	Brass Monkey	1 hr 32 mins 48 secs
10/09/00	Christine Jeannette	Three Villages	1 hr 30 mins 56 secs
25/03/01	Christine Jeannette	Ackworth	1 hr 28 mins 56 secs
27/01/02	Christine Jeannette	Brass Monkey	1 hr 26 mins 18 secs

20 miles

19/03/06	Adele Shipley	East Hull	3 hrs 06 mins 01 secs
23/03/08	Jill Dowson	East Hull	3 hrs 03 mins 27 secs
22/03/09	Alison Thornton	East Hull	2 hrs 35 mins 42 secs

Marathon

26/09/99	Erica Newman	Edinburgh	3 hrs 35 mins 59 secs
22/04/01	Christine Jeannette	London	3 hrs 21 mins 50 secs
14/04/02	Christine Jeannette	London	3 hrs 10 mins 05 secs

Female Veteran Over 45

10k

June '87	Ann Allison	Pocklington	49 mins 12 secs
14/05/06	Sue Vicary	Beverley	49 mins 08 secs
??/07/09	Jill Dowson	York	45 mins 39 secs
06/09/09	Jill Dowson	Middlesborough	45 mins 08 secs

10 miles

29/01/06	Sue Vicary	Ferriby	88 mins 41 secs
25/02/07	Sue Vicary	Snake Lane	86 mins 01 secs
24/02/08	Jill Dowson	Snake Lane	77 mins 34 secs
22/02/09	Susan Brown	Snake Lane	76 mins 22 secs
29/11/09	Alison Thronton	Thirsk	73 mins 29 secs
31/01/10	Alison Thornton	Ferriby	73 mins 19 secs

Half Marathon

22/01/06	Sue Vicary	Brass Monkey	1 hr 58 mins 41 secs
24/06/06	Sue Vicary	Humber Bridge	1 hr 56 mins 14 secs
01/10/06	Sue Vicary	Great North	1 hr 54 mins 21 secs

To be confirmed – as not found in official results

16/03/08 Jill Dowson Ackworth 1 hr 51 mins 57 secs

07/07/08	Jill Dowson	Humber Bridge	1 hr 46 mins 35 secs
23/09/08	Jill Dowson	Great North	1 hr 43 mins 38 secs
24/01/10	Jill Dowson	Brass Monkey	1 hr 42 mins 50 secs

20 miles

19/03/06	Sue Vicary	East Hull	3 hrs 16 mins 56 secs
18/03/07	Sue Vicary	East Hull	3 hrs 07 mins 00 secs
23/03/08	Jill Dowson	East Hull	3 hrs 03 mins 27 secs
22/03/09	Susan Brown	East Hull	2 hrs 45 mins 48 secs

Marathon

23/04/06	Sue Vicary	London	4 hrs 11 mins 50 secs
13/04/08	Jill Dowson	London	3 hrs 56 mins 49 secs
26/04/09	Susan Brown	London	3 hrs 53 mins 09 secs
31/05/09	Susan Brown	Edinburgh	3 hrs 47 mins 47 secs

Female Veteran Over 55

10k

06/07/04

Jackie Robinson

Selby

52 mins 29 secs

10 miles

Half Marathon

20 miles

Marathon

SNAKE LANE 10 - OVERALL WINNER

Male

1992	P Howdle	East Hull Harriers	51 mins 55 secs	430 Finishers
1993	P Cuskin	Sunderland Harriers	50 mins 35 secs	408
1994	D Gratton	Wakefield	51 mins 18 secs	530
1995	G Debnam	Knavesmire	51 mins 20 secs	487
1996	K Chapman	Lesley Dean	50 mins 55 secs	473
1997	M Price	Sunderland Harriers	51 mins 16 secs	482
1998	R Simpson	Rowntree AC	50 mins 57 secs	592
1999	M Price	Sunderland Harriers	50 mins 55 secs	613
2000	J Convery	Bingley Harriers	52 mins 06 secs	528
2001	K Thackery	Hallamshire Harriers	49 mins 48 secs	608
2002	R Halladay	Morpeth Harriers	52 mins 04 secs	654
2003	D Bilton	Leeds City AC	51 mins 46 secs	587
	(entry limited 750 – approx 250 entries rejected)			
2004	S Hepples	Loftus AC	54 mins 05 secs	622
	(entry limited 800 – approx 180 entries rejected)			
2005	D Watson	Holmfirth Harriers	51 mins 21 secs	557
	(entry limited 850 – approx 300 entries rejected – snowed)			
2006	D Watson	Holmfirth Harriers	50 mins 58 secs	645
	(entry limited 850 – approx 300 entries rejected)			
2007	S Hepples	Loftus AC	49 mins 22 secs	667
	(entry limited 850 – entries closed Nov 2006)			
2008	S Hepples	Loftus & Whitby AC	50 mins 37 secs	640
	(entry limited 850 – entries closed Oct 2007)			
2009	R Stephenson	New Marske Harriers	48 mins 47 secs	685
	(entry limited 850 – entries closed Oct 2008)			
2010	S Hepples	Newham & Essex Beagles	53 mins 00 secs	666
	(entry limited 850 – entries closed Oct 2009)			

Female

1992	K Drake	Spensorborough	60 mins 16 secs	64 th Place
1993	C Hunter-Rowe	Pudsey & Bramley	59 mins 46 secs	33 rd
1994	V Aisthorpe	Cleethorpes AC	61 mins 52 secs	76 th
1995	C Hunter-Rowe	Knivesmire	61 mins 18 secs	85 th
1996	C Hunter-Rowe	Knivesmire	57 mins 43 secs	37 th
1997	A Tooby-Smith	U/A	62 mins 04 secs	59 th
1998	A Buckley	Pudsey & Bramley	56 mins 49 secs	28 th
1999	K Charnock	Wigan Phoenix	60 mins 57 secs	61 st
2000	H Knight	Altringham & Dist	58 mins 15 secs	24 th
2001	K Wood	Stockport Harriers	62 mins 39 secs	62 nd
2002	J Kelsey	Hull Achilles	58 mins 03 secs	27 th
2003	T Morris	Valley Striders	60 mins 35 secs	50 th
2004	T Morris	Valley Striders	56 mins 39 secs	7 th

(Tracy won 2004 London Marathon and represented Britain at the Greece Olympics in 2004)

(Tracey came 4th (2:25:04) in Commonwealth Games Marathon in Melbourne 2006)

2005	A Pichtova	Clayton le Moors Harriers	56 mins 55 secs	14 th
2006	D Mason	Tipton Harriers	55 mins 56 secs	7 th
(Debbie represented England in Commonwealth Games Marathon in Melbourne 2006)				
2007	L Mawer	Bingley Harriers	59 mins 12 secs	32 nd
2008	J Nutt	Elswick Harriers	62 mins 20 secs	55 th
2009	T Morris	Valley Striders	58 mins 16 secs	17 th
2010	M Neal	March AC	61 mins 02 secs	33 rd

British Record

2003	Carol Wolstenholme	Hallamshire Harriers	F55	65 mins 22 secs	101 st
2007	Carol Wolstenholme	Hallamshire Harriers	F60	68 mins 27 secs	193 rd

THREE VILLAGES HALF MARATHON - OVERALL WINNER

Male

1995	L Zone	Burnholme Joggers	73 mins 11 secs	115 Finishers
1996	D Hanson	Spensorough	71 mins 06 secs	165
1997	I Fisher	Otley AC	71 mins 28 secs	155
1998	D Bilton	City of Hull	71 mins 20 secs	119
1999	I Malone	U/A	73 mins 03 secs	163
2000	S Richardson	Pocklington Runners	74 mins 54 secs	131
2001	D Bilton	Hull AC	71 mins 22 secs	136
2002	I Walton	U/A	74 mins 38 secs	113
2003	Not run			
2004	Not run			
2005	Not run			
2006	Not run			
2007	Not run			
2008	Not run			
2009	Not run			

Female

1995	K Drake	Spensorough	86 mins 13 secs	20th Place
1996	A Priestley	Fellanddale	86 mins 04 secs	28th
1997	S Garrod	Goole Viking Striders	88 mins 20 secs	27th
1998	M Hart	Leeds City	85 mins 51 secs	13th
1999	S Garrod	Goole Viking Striders	87 mins 39 secs	35th
2000	H Barber	Horsforth Harriers	86 mins 18 secs	17th
2001	S Garrod	Goole Viking Striders	90 mins 11 secs	28th
2002	J Barley	Kippax Harriers	92 mins 34 secs	24th
2003	Not run			
2004	Not run			
2005	Not run			
2006	Not run			
2007	Not run			
2008	Not run			
2009	Not run			

SNAKE LANE 10

COURSE RECORD

(APPROX MILE SPLITS)

22 FEBRUARY 2009

RICKY STEPHENSON

1 mile	?
2 miles	?
3 miles	?
4 miles	?
5 miles	?
6 miles	?
7 miles	?
8 miles	?
9 miles	?
10 miles	48:47

SNAKE LANE 10

COURSE RECORD

(APPROX MILE SPLITS)

25 FEBRUARY 2007

STEPHEN HEPPLES

1 mile	4:44
2 miles	9:49
3 miles	14:48
4 miles	20:08
5 miles	24:53
6 miles	29:41
7 miles	34:38
8 miles	39:39
9 miles	44:35
10 miles	49:22

SNAKE LANE 10

COURSE RECORD

(APPROX MILE SPLITS)

25 FEBRUARY 2001

CARL THACKERY

1 mile	5:01
2 miles	10:05
3 miles	15:08
4 miles	20:25
5 miles	25:30
6 miles	30:04
7 miles	35:03
8 miles	40:07
9 miles	45:02
10 miles	49:48

9 March 2010

D:/AG/club_rec.doc