

# Runners fly the flag at York

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Meanwhile, earlier in the week a small collection of Pocklington Runners went to York on Tuesday evening to run in the Millennium Bridge 2.5km and 5km races.

First off was Marian Langstaff who did herself proud recording a time of 18:44 in the 2.5km race. In the senior race first home was Clive Jeffrey, clocking a time of 21:04, on this interesting course. Pock's next two runners, Dave Barker and Patrick Piggott came over the finishing line together registering a time of 22:09. Paul (Rocky) Langstaff was next home in a time of 29:28 after finding the weather conditions not to his liking.

Completing the pack of runners was Kath Bee in a time of 30:52, crossing the finishing line with a little sprint to beat off a challenger.

Again, well done to all of these runners for their efforts in flying the flag for Pocklington.