

# Runners out strutting stuff

LAST weekend a group of Pocklington Runners made their presence felt on both Saturday and Sunday, at the Wheldrake 10, 2 and 1km road races, and at the Jane Tomlinson Run For All Leeds 10km and the Humber Bridge Half Marathon.

On both days, the races managed to avoid the frequent downpours.

On Saturday the Wheldrake races had a cluster of athletes of all ages strutting their stuff and first finisher in the 1km event was Lauren Owen who had a fantastic race to record a time of 4:36. The club's youngest runner was 4-year-old Rebecca Wragg who did herself and her mum and dad proud by clocking a time of 6:23.

In the 2km race first girl to cross the finishing line was Claire Owen in a time of 7:20. Natalie Wragg made up the contingent of juniors by finishing in a very good time of 10:30.

In the main 10km the weather managed to remain sunny and warm, leaving Dave Wragg to cruise around in a very good time of 42:54. Marcus Bourne was next Runner home after a very good performance, yielding a time of 46:51. Once again, Pock's first lady to finish was Jill Dowson who again produced the goods to record a time of 48:50.

Next two finishers home for Pock were Adie Holden and Paul Sheridan who crossed the line only a matter of strides apart, with Adie getting the upper hand in 50:08, Paul marginally behind in 50:12.

On Sunday at the Jane Tomlinson Leeds 10k six Pock Runners took part and it was Stuart Evans who crossed first for Pock in a very creditable 44:48. Simon Weedy was next to show and after finishing this very popular city centre run just outside his personal best, he was well satisfied with his 55:13.

Darren Reeve in his first outing in Pocklington colours did very well - there's more to come as he recorded 56:15.

First Pock lady home was Jackie Evans who showed that her return to running is well under way as she came home in 77:10. Helen Reeve and Julie Dunn were both making their Pocklington debut and came home next - they set off together but got split up during the race before finishing only seconds apart, Helen in 79:22 and Julie 79:45.

Down at the Humber Bridge Half Marathon lone star Faye Jessop was flying Pock's colours alone, but she came away with a personal best which now stands at 2:04:40.

Well done to all Pock Runners who together braved the elements over the weekend - new personal bests and generally good times were had by all. Good luck in their future races.