

Hilary runs into thousands of pounds at marathon

A MARATHON runner who competed in memory of her mother has raised more than £2,500.

Rachael Houseman completed the 26-mile run across London for the Help the Hospices charity.

Despite an injury preventing her from training in the five weeks leading up to the event, crossed the line in a three 3 hours and 19 minutes.

The 32-year-old from Broadmanor in Pocklington said: "At the moment it's £2,500 but there's still money coming in all the time.

"I was hoping to reach £1,500 but so many people have been so helpful. I'd like to thank everyone who donated, especially Burton's Butchers who took in sponsor money for me and raised £400."

Having never run before, the mother-of-two entered the Race for Life to raise money for Cancer Research UK three years ago after her mother Hilary died from the disease. After building up her fitness Rachael competed in a number of half marathons before choosing to take on the London event.

However, a hairline fracture in her leg caused by constant running forced her to sit out of training weeks before the big day.

"It actually went really well," she said. "After being injured I was



RUN FOR MUM ... Rachael with her mother Hilary

quite nervous and it was a hot day, but I thought I did okay and everything seemed to click into place.

"I was really pleased with my time although I did want to get under three hours 15 minutes."

Rachael now hopes to compete the Nottingham marathon later this year to help her qualify with the elite competitors for next year's London event.

If she can complete the run in under three hours 15 minutes, she will be able to begin the race in the capital with the top runners.

"If I'd had a few more weeks to prepare for the London marathon I may have got under that."