



5/11/09

Popular Guy Fawkes 10

THE first Sunday in November saw no-less than 15 members of Pocklington Runners battle through the storms over at Ripley Castle.

With a race limit of 800 and well over 700 runners finishing on the day The Guy Fawkes Ten Mile Race has arguably become one of the most popular races.

The course is not easy with some tough hills and tricky off road sections.

Never the less battling through torrential rain and gale force winds it was Pocklington's Ed Rawlings who emerged first to cross the line for Pocklington Runners in a great time of 1:08:32, just pippin a great run by Steven Worth by two seconds.

Kev Norman became the third Pock Runner to maintain sub seven minutes per mile with a fine effort in 1:08:51.

Pocklington's times were Richard Ginn 1:10:25, Clive Jeffery 1:13:17, Clive Reid 1:14:56, Patrick Piggott 1:17.00. Alison Thornton finished in first position for Pock Runners Ladies in 1:20:01 with Jill Dowson hot on her heels claiming yet another P.B time of 1:22:40.

Brian Perkins 1:22:51 and Marcus Bourne enjoyed the challenging conditions crossing the line in 1:23:22. Paul Sheridan 1:24:16, Sue Vicary 1:29:54 and bringing up the rear it was Helen Reeve with a much improved time from her 2007 race Helen crossed the line twelve minutes faster in 1:52:40, a fantastic time.

Brian Dobson made his presence felt at The 50th Derwent Water 10 mile Race over at Keswick. Brian joined over four hundred other runners and finished in a time of 1:31:35.

Well done to all Pocklington Runners who braved the adverse weather conditions.

Pictured top are Marcus Bourne, Paul Sheridan and Steven Worth.