

4/2/10

Chilly weekend for club runners

THE CITY Of Hull Athletics Club held their annual road racing event on Sunday morning where nearly 500 runners finished this ever increasingly popular ten mile distance race.

Pocklington Runners had no less than ten of their finest athletes out in the somewhat chilly morning air to represent the club.

With a slight headwind for the first four to five miles or so it was Kevin Norman crossing the line in first place for Pocklington Runners covering the slightly undulating ten mile distance in 65:33.

Having performed well in the previous week's shenanigans at the York Half Marathon (Brass Monkey), club chairman Alan Kendra once again ran an excellent time, conquering the last third of a mile up hill finish, with a well earned second for his club in 69:18.

Mike Pullon missing his P.B by a mere fifteen seconds crossing the finishing line in 71:07, whilst Pock's Clive Reid showed signs of some vintage racing to cross the line in 71:40.

First lady for Pocklington, showing the rest of the ladies team the way to the finish was Alison Thornton crossing the line in a fantastic London Marathon training time of 73:19. An excellent run from Jill Dowson created yet another P.B time of 76:25.

Adele Shipley ran four minutes better than her previous ten mile time of 79:25 whilst Sue Vicary once again raced well with an excellent 85:52. Helen Reeve showed that new P.Bs are like shelling peas, Helen raced home to record her second best time of 2010, with a stunning 96:11.

A little further North than Hull at Loftus, Tom Danby showed good form against a very high class field of runners at the re scheduled Loftus Poultry Run.

Tom, who still flies the flag for Pocklington Runners in the North, remarked that it was a good enjoyable run but very icy in places which made for some hazardous conditions for racing.

Nevertheless Tom braved the dangers and crossed the line in a very impressive seventh place overall with a time of 45:26 for the seven mile multi terrain distance.

Well done to all who participated on a chilly weekend for racing which saw Pocklington runners have a top ten finisher and another two excellent P.B times.