

Vital funds raised for York Hospital

PICTURED proudly showing off the Pocklington Post are Graeme Shaw and his wife Dawn.

These two were part of a group of four who took part in the recent charity National Three Peaks 24-hour challenge

Graeme, who works at York Hospital as a Biomedical Scientist, and Dawn who is training to become a midwife, completed the challenge with Martin Skelton (York hospital staff governor) and Alan Rose (York Hospital chairman).

On Sunday, 10 July the team 'warmed-up' for the main event by walking the Yorkshire Three Peaks, a 25-mile route taking in the peaks of Pen-y-ghent, Whernside and Ingleborough.

Graeme said: "The elderly form the largest group in our hospital.

"There is an increasing focus nationally on ensuring appropriate care, dignity and support for these vulnerable patients.

"By raising money for this vital, but often unheralded, part of our hospital's

work, we can help improve this care, by funding additional equipment and facilities that traditionally receive little charitable attention and support."

If you wish to make a donation you can do so by visiting www.justgiving.com/

Martin-Skelton

Graeme added: "Just for good measure I am running the Lakland 50-mile off road trail race on Saturday/Sunday night - I am saving the 100 for next year!"

28/7/11



● Graeme and Dawn with the Pocklington Post at the summit of Ben Nevis on Saturday at 7pm. They completed the challenge in 23 hours.